

SPACE & MISSILE TIMES

Friday, June 21, 2002

Vandenberg AFB, Calif.

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Base Briefs

AFSPC/CC COMMANDER'S CALL

Gen. Lance Lord, Commander Air Force Space Command, will conduct a commander's call Wednesday, at 10 a.m. in the 76th Helicopter Flight hangar. This is a mandatory formation for all Vandenberg personnel. There is no POV parking available. Shuttle service from California and 13th Street, Bldg. 7000 will begin at 8 a.m. Organizations will be notified via Hot Launch of their scheduled shuttle times. For more information, call Capt. Dewitt Morgan at 606-4979.

BEACH HOTLINE OFFERS UPDATES

The Surf Beach violation total continues to stand at 16 while Minuteman carries one. The maximum limit at Surf Beach is 25 violations. The maximum at Minuteman is five. When the limit is reached, the respective beach will close until Sept. 30, the end of the Western Snowy Plover nesting season. The open-area boundaries are clearly marked and base officials will issue citations to people who enter closed areas. Normal beach hours for Wall, Minuteman and Surf beaches are Friday through Monday from 8 a.m. to 6 p.m. For more information regarding beach access or status, call the Beach Hotline at 606-6804.

COMMANDER TO CONDUCT POPS

Col. Robert M. Worley II, 30th Space Wing commander is the guest conductor for the Lompoc Pops Orchestra concert, celebrating country and folk music of America, Monday at 7:30 p.m. in the Trinity Church of the Nazarene, 500 East North Ave. Master Sgt. Quinn Johnson will sing the National Anthem. Call Diane Siminski at (805) 236-9365 for ticket information.

AIRMEN'S DORM NEEDS MANAGER

The 30th Support Group needs a staff sergeant to serve as dorm manager. This is a two-year controlled special duty. Applicants must provide a letter of recommendation signed by their commander and copies of their last three performance reports. For more information, call Senior Master Sgt. Brian Joseph at 606-2990.

AADD MEETS WEDNESDAY

The Airmen Against Drunk Driving program is up and running. The next meeting is at 3 p.m. Wednesday in the Services Center. The program is open to all Department of Defense people. Rides are confidential. For a ride Thursday through Sunday, call 698-8822 or 698-8823. This is an opportunity to save lives. For more information or to volunteer, call

See NEWS Page 4



PHOTO BY JENNIFER WALLIS

The Sudden Fire rages along Vandenberg's southern boundary Sunday night. The fire, Vandenberg's third largest in 30 years, blackened more than 7,700 acres in its wake. More than 900 firefighters battled the blaze which started Saturday.



GRAPHIC BY SUSAN BLOHM

This map shows the burned area of the Sudden Fire on base. Firefighters achieved 100 percent containment Wednesday.

Blaze scorches base

Largest county fire this season chars more than 7,700 acres along southern Vandenberg

By MASTER SGT. TY FOSTER

30th Space Wing Public Affairs

■ Throughout the week, more than 110 Vandenberg firefighters and 796 mutual aid firefighters from throughout the state battled for control of the third largest fire on Vandenberg in the last 30 years.

Dubbed the Sudden Fire, the wildfire burned more than 7,700 acres in the steep, rocky slopes along Vandenberg's southern boundary. There were four minor injuries to firefighters and no deaths attributed to the fire.

"It's the largest blaze so far this season in the Santa Barbara County area," said Wayne Seda, Vandenberg operations section chief for the Sudden Fire.

There are still smoking areas or "smokies" within the fire areas, but they present no threat, Seda said. Firefighters will continue mop-up activities on all flanks.

Officials demobilized more than 500 mutual-aid firefighters Wednesday.

With 100 percent containment achieved Wednesday, fire officials were ready to release remaining resources to work other fires in the state. Vandenberg crews will continue fire watch over the weekend

and next week.

Base fire dispatchers received a fire report from Jalama Beach County Park rangers at 1:20 p.m. Saturday. The rangers reported the brush fire in the vicinity of the Sudden Ranch southeast of Tranquillon Peak, according to Base Fire Chief Mark Farias.

Saturday and Sunday, winds as high as 46 mph whipped 50-foot flames up the hillsides. Crews lit backfires and cut firebreaks by hand and bulldozer to protect radar sites on the 2,122-foot Sudden Peak and 2,014-foot Oak Mountain.

"The guys on the line are battling extremely rugged terrain and a lot of hills," Farias said Tuesday. "They're facing conditions that are treacherous in daylight and even more so at night."

When they began battling the fire, base officials anticipated the typical Central Coast marine layer to help out.

"We're making good progress during the day, but, at night, the winds are getting really rambunctious and kicking things up again," the fire chief said Tuesday. "The weather hasn't been favorable."

See FIRE Page 4

Titan ready to go for Monday

By CAPT. THOMAS KNOWLES

30th Space Wing Public Affairs

■ Team Vandenberg is set to launch a Titan II rocket carrying a National Oceanic and Atmospheric Administration weather satellite Monday from Space Launch Complex-4 west. The 10-minute launch window extends from 11:22 to 11:32 a.m. PDT.

The 30th Space Wing commander, Col. Robert M. Worley II, is the spacelift commander for this mission. The Launch Director is Lt. Col. Clinton Crosier, 2nd Space Launch Squadron commander.

The NOAA-M satellite will improve weather forecasting and monitor environmental events around the world. NOAA-M is the third in the current series of five polar-orbiting satellites with improved imaging and sounding capabilities that will operate over the next 10 years. This is the last scheduled launch of a NOAA satellite on board a Titan II booster.

Titan II rockets have enjoyed a long and interesting career, not only serving as space launch vehicles for launching satellites, but also as ICBM's and manned



FILE PHOTO

The Titan II rocket counts down its final three launches at Vandenberg.

launch vehicles for NASA's space program during the 60's.

"We're talking about a 30 to 40 year program," said Crosier. "These Titan II's were originally out in missile fields during the 50's and 60's sitting on nuclear alert."

When the United States later began to reduce the number of nuclear missiles it maintained, the Titan became an easy choice for use in placing small to medium military satellites into orbit.

"The Air Force recognized the value of the existing technology and started pulling some of those old Titan II's out of missile silo's for later use," said Crosier.

The base is now witnessing the end of an amazing era with the launch of its last three Titan II's. The titan family will be replaced with the Evolved Expendable Launch Vehicle by 2004.

31 selected for major

■ Thirty one Team Vandenberg captains received word they'll be trading their silver bars in for gold oak leaves.

Air Force Personnel Center promotion officials released the promotion list Wednesday.

Vandenberg's soon-to-be majors were among the 159 selected for promotion out of the 231 eligible captains in Air Force Space Command.

The promotees are:

Kelly Jay Amedee 614th Space Operations Squadron

Joel Barclay 30th Medical Operations Squadron

Joseph Battle Jr. 30th Support Group

Cathy Beasley 534th Training Squadron

Vivian Bush 392nd Training Squadron

James Camarena 534th TRS

James Creese 534th TRS

David Cunningham 14th Air Force

Lavern Curry Jr. 533rd Training Squadron

W. Chandburn Engman 392nd TRS

Marcia Evans 30th Communications Squadron

Stacy Exum 30th Range Squadron

Daniel Franzen 576th Flight Test Squadron

Raymond Galik 30th RANS

Edward Goetz 14th AF

Andrew Goodnite 30th Weather Squadron



James Gray	2 nd Space Launch Squadron
Craig Hansen	576 th FLTS
James Hawkins Jr.	614 th SOPS
Barry Heiling	534 th TRS
Michelle Holland	2 nd SLS
Weston Howland	614 th SOPS
Scott Koopman	30 th RANS
Michael Mlynarczyk	614 th SOPS
Nathan Morgan	30 th RANS
Brant Nickell	30 th Space Wing
Tracy Patton	576 th FLTS
Robert Quigg IV	30 th Operations Group
Dennis Thorne	392 nd TRS
Paul Tombarge	614 th SOPS
Timothy Zacharias	30 th SW

OFFICIALS TO ANNOUNCE TECHNICAL, MASTER SERGEANT PROMOTIONS

■ Air Force Personnel Center officials plan to release the list of staff and technical sergeants Thursday, who have been selected for promotion to the next rank.

Promotion officials delayed the release date, normally at the beginning of June, to allow as many deployed airmen as possible to be considered in the regular promotion cycle.

AWARD RECOGNITION FEATURE ARTICLE

The *Space & Missile Times* will recognize all unit and individual Air Force-level awards that Team Vandenberg has received for 2001.

The deadline for submitting award information for this feature is June 28. Publication is slated for July 12.

Late submissions will run on a space available basis.

For information, call 606-2040 or e-mail award information to space&missiletimes@vandenberg.af.mil.

In this issue of the



Also view The *Space & Missile Times* at http://www.vandenberg.af.mil/30sw/news/space_times/index.html

6.5-acre flag of flowers creates backdrop for re-enlistment ceremony.
Page 5.



Check-out this week's sports action, sport standings and briefs.
See Page 5.



Weekend forecast
Low clouds in the morning and evening with clear afternoon skies.



Low/High
47/68

For a full VAFB weather report visit www.vandenberg.af.mil/30sw/organizations/30og/weather/weather_index.html

SECAF reflects on past year, looks to future

BY JAMES ROCHE
Secretary of the Air Force

One year ago this month, I was sworn in as your 20th secretary of the Air Force and became, on that day, a proud member of a magnificent team of active duty, Guard, Reserve, and civilian airmen. During this time, I've had the deep honor and pleasure to serve alongside Generals Mike Ryan and John Jumper, and our chief master sergeant of the Air Force, Jim Finch. It is impossible to imagine three more dedicated and professional Air Force leaders.

As I reflect on the year gone by, my first thoughts are with the airmen of our force who made the ultimate sacrifice in the defense of our nation and the freedoms we hold dear. Remember them and their families. Their supreme sacrifice, along with the countless heroes who have gone before them, is why we live free in this great nation.

Each of you should be extremely proud of your achievements and service this past year, from combat operations and homeland defense in the war against international terrorism to your admirable and noble daily endeavors that guarantee the readiness, health, security and morale of our fighting force. In my travels around our Air Force, I've been impressed and humbled by your ingenuity, commitment and willingness to serve. Thank you for everything you've done to make our Air Force the best the world has ever known.

Of utmost importance to me is our continued focus on warfighting, and honing the edge that enables us to remain expeditionary and responsive to the needs of our nation. The American people trust and admire what you do. They know that America's Air Force provides a full spectrum of air and space capabilities that deliver unprecedented firepower, mobility, awareness and deterrence to our joint forces. And, once again, they've witnessed first hand your truly remarkable performance during operations Enduring Freedom and Noble Eagle.

Through your incredible efforts in this campaign, from deploying troops and building bases to coordinating fires and engaging targets, you've again demonstrated the unrivaled skill of airmen. Consider what we've done for just a moment.

In the first eight months of our war on terrorism, we flew more than 35,000 sorties, employing 78 percent of the total munitions used and damaging or destroying nearly three-quarters of the coalition targets. Our tanker force flew more than 10,000 refueling missions, supporting aircraft from all services.

Our intelligence, surveillance and reconnaissance assets, manned and unmanned, have flown more than 2,000 missions and, when combined with our indispensable space systems, delivered unprecedented battlefield awareness as well as a vision of the exciting future in this evolving mission area. Our heavy-lifters (cargo aircraft) delivered more than 2.5 million humanitarian daily rations to the people of Afghanistan. Our combat support units have occupied, established, or rebuilt bases throughout Southwest and Central Asia.

And we accomplished all this despite the challenge of waging a combined campaign in a land-locked nation.

Through your efforts, you confirmed to our nation and the world the unmatched value,

flexibility and promise of air and space power.

While we've achieved many of our objectives, there remains much work to be done. The fight continues, with many of you going into harm's way daily. Our ongoing missions and your unrelenting sacrifices testify to your commitment to eradicate this threat to our nation and freedom-loving people everywhere. Most important, we need to prepare and resolve ourselves to see this through to the finish, regardless of where the fight takes us.

Many of you are deployed around the world at remote and inhospitable settings, spending extended time away from your families. Many more are scheduled to deploy in the months ahead. Some of you no longer are benefiting from the air and space expeditionary force schedule and are facing more frequent deployments. We've asked many of you to put in long hours well beyond your normal schedules and we've stretched our force to cover expanded missions in new locations. Many of our people are affected by Stop-Loss.

We're working to mitigate the numbers affected as soon as possible, but until we do, our folks' lives will remain on hold until we complete this campaign. And we have thousands of Air National Guardsmen, Air Force Reservists, and Individual Mobilization Augmentees who are serving for extended periods at great personal cost to their civilian jobs and their family lives. I recognize your sacrifice and commend you for your service.

Our nation needs its Air Force as never before, and your Air Force needs each and every one of you, your talents and your service as never before. Yet, regardless of these challenges, you continue to train, maintain and fight with a level of professionalism unmatched by any force ever assembled.

As I look to the journey ahead, I'm excited at the opportunities we have to serve our nation as we face the challenges posed by our evolving security environment. I look forward to continuing that journey with you.

I remain focused on developing new strategies for air and space power in this new millennium; delivering innovative and effective capabilities to the warfighters; improving Air Force retention, professional education and leadership development; eliminating the inefficiencies in how we do our business; and transforming our acquisition processes to ensure innovation and competitive vibrancy within our defense industrial base.

Most important, I want to ensure we care for our people and their families through these challenging times. Communication, engaged leadership at all levels, and a genuine concern for the value of our people and their daily sacrifices are vital to building and sustaining a motivated and capable force.

On that day one year ago, I committed myself to serve in a manner befitting of the great men and women of our Air Force and to serve just as each of you do every day all around the globe — with integrity, selflessness and in the earnest pursuit of excellence. Your entire leadership team — General Jumper; my talented undersecretary, Peter Teets; our vice chief of staff, Gen. Robert "Doc" Foglesong; and myself — is firmly committed to these values.

Your service and sacrifices the past year have been truly magnificent and have earned the justifiable admiration of our nation and the respect of the world.



Col. Robert M. Worley II
Commander,
30th Space Wing



Mission success is our top priority, and the talented men and women of Team Vandenberg get it done with excellence.

Key to the effectiveness of any great team is good communication. The 30th Space Wing Commander's Action Line is your direct communication link to me.

It provides an avenue for you to voice your concerns, share constructive ideas, or give your Vandenberg teammates a pat on the back.

I appreciate your input, and I am personally involved in every response.

While the Commander's Action Line is a great way to communicate, don't forget there are many other avenues to get answers to your questions including your chain of command, first sergeants, base services officials and other base professionals.

Thanks for helping to make Vandenberg such a great place to work and live. When calling the action line, please leave your name and phone number in case more information is needed.

Call 606-7850 or e-mail your message to:
actionline@vandenberg.af.mil

HANDY PHONE NUMBERS

EMERGENCY.....	911	Law enforcement.....	606-3911
Command Post	606-9961	Housing maintenance.....	734-5586
Poison control.....	800-876-4766	Child Development Center.....	606-1555
Clinic appointments.....	606-2273	Youth Center	606-2152
Information.....	411	MPF customer service.....	606-7756
After-hours urgent care.....	888-252-3299	Visitor control center.....	606-7662
TRICARE services.....	800-242-6788	Military Pay.....	606-4606
Health Care Information Line.....	800-611-2883	Civilian Pay	606-1851
Pharmacy Assistance	606-7440	Airman's Attic.....	605-5484
Pharmacy Refill (recording)	605-0200	Golf Course	606-6262

Attitude -- you own it, control it

By LT. COL. NAOMI LAWLESS
27th Medical Operations Squadron

Each of us has something that no one can control or take away from us: our attitude. Our attitude is the soul of our being. It can change how we look at ourselves, how we look at our environment, how we act and how others perceive us. Attitude can affect our health, our goals, and how we deal with successes and failures.

Attitude is the difference between just existing in life, passing one day at time and delighting in life, savoring every moment. Why do most of us neglect to develop this life-changing tool?

You hear it every day from at least one person: "I hate my job," "There is nothing to do here," and "I can't wait until I'm out of here." Do the people who say these things seem happy? Do you enjoy working alongside them? Are they successful and fulfilled?

You own your attitude, so you can control it. The first step is to acknowledge that you can take charge of your attitude.

Second, determine what your attitude is now. If you could be a fly on the wall and overhear a conversation by people describing your attitude, what would they say?

How has your attitude made a difference lately, good or bad?

If the result of this reflection leads to a plan to make changes, perhaps the following tips will help. Read some books on attitude. "The Power of Positive Thinking" by Norman Vincent Peale and "Attitude is Everything" by Keith Harrell are my favorites. Here are some pearls of wisdom from these authors.

Program your attitude with positive internal dialogue. Remember what they say in the computer world, "garbage in, garbage out." The next time you make a negative statement, counter that with a positive one. For example, list what you would count as a blessing.

Change your perspective. The grass is not always greener on the other side.

Not knowing what your purpose in life is can lead to a negative attitude, and while being in the Air Force or associated with the Air Force may not be your ultimate goal, for the time, you can focus today on your purpose in defending the constitution of the United States.

A huge area that can help or hinder how well you manage your attitude is your relationships. The Air Force provides an environment to accept others unconditionally, to earn trust by being trustworthy, to do nice

things without expecting anything in return, to be loyal and to understand other viewpoints.

Not everyone you encounter will appreciate these positive attitudes, so stay away from them if you can. These are not the people you want as your closest friends. They will defeat your potential. Stay focused on your goal of being positive and joyful.

Owning your attitude is easier said than done. After all, we are just human and we get buffeted daily with events that can bring us down. Some tips to staying motivated are rest, exercise and diet. Set aside time for yourself and with your family and that new set of positive friends you have.

Volunteer to help others, remembering that you have been the recipient of help at one time and that you will be blessed when you pass this along.

Reflect on what makes you special. What have you done that was recognized? What is it that you do well?

Publisher, psychologist and author of motivational books J. Martin Kohe once said, "The greatest power that a person possesses is the power to choose." You own your attitude. Choose to make it work for you, not against you. (Courtesy of Air Combat Command News Service)

Editorial Staff
Col. Robert M. Worley II
30th Space Wing Commander

Capt. Tom Knowles
2nd Lt. Michelle Mayo
Staff Sgt. Andrew Leonhard
Senior Airman April Muniz
2nd Lt. Kelly Gabel
Master Sgt. Ty Foster
Master Sgt. Lloyd Conley
Staff Sgt. Rebecca Bonilla

Director of Public Affairs
Chief of Internal Information
Editor
Photographer
Staff Writer
Staff Writer
Staff Writer

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Questions regarding the paper can be directed to the Space & Missile Times staff at (805) 606-2040.

Disaster Preparedness Tip of the Week

One example of the many general antiterrorism measures members can take to protect their family members is to vary their daily routines.

This example includes routes to and from their place of work and times and places that they eat, shop, and exercise.

DON'T DRINK & DRIVE

Call Airmen Against Drunk Driving

at 698-8822 or 698-8823

FOR A FREE RIDE HOME!

HELP AADD

SAVE TEAM V's LIVES!!

NCOs re-up with 6.5-acre floral flag as backdrop

By MASTER SGT. TY FOSTER
30th Space Wing Public Affairs

Normally, when someone re-enlists in the Air Force, the U.S. flag is present. Flag sizes can range from the small 4- by 6-inch desktop to the standard 5- by 9.5-foot base flag. But re-enlisting in front of a 6.5-acre U.S. flag of flowers is more than unusual, it's a one-of-a-kind experience in an airman's career.

As part of Lompoc's Flag Day celebration, four Team Vandenberg NCOs seized the opportunity to take part in such an occasion, swearing their allegiance to the nation during a brief ceremony at the Bodger Field U.S. flag of flowers overlook June 14.

Bedecked in their Air Force service dress uniforms, Master Sgt. Mark Long, 30th Mission Support Squadron, Tech. Sgt. Rodney Miranda, 30th Communications Squadron, and Staff Sgt. Anthony Pence, 30th MSS, re-enlisted and Master Sgt. Dennis Wingett of the 30th Operations Group re-affirmed his oath of enlistment.

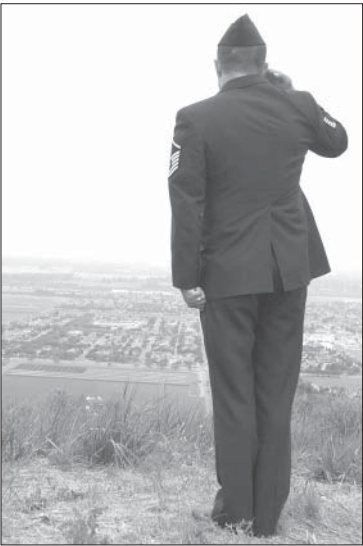


PHOTO BY SENIOR AIRMAN APRIL MUNIZ

Master Sgt. Mark Long salutes the U.S. flag of flowers in Lompoc.

Col. Robert M. Worley II, 30th Space Wing commander, issued the oath to the foursome with the 6.5-acre floral flag forming a patriotic backdrop. About 40 people gathered to witness the event.

"As Americans, we enjoy no greater gift than the freedom we have," the colonel said. "Relatively few people have the courage, commitment and

patriotism to take such an oath. In the military, when we take the oath, we declare our willingness to lay down our lives for our nation."

The floral flag served as a fitting backdrop to symbolize the foursome's service, he said.

Pence said his first two re-enlistments lacked anything memorable.

"This one stood out," he said. "First off, it was Flag Day. To have the wing commander re-enlist me and to have the command chief there was an honor."

For Miranda, the once-every-50-years opportunity was perfectly timed.

"Since this was probably my last re-enlistment, I thought this would be pretty special," the 15 year Air Force veteran said.

Although he wasn't in the window for re-enlisting, Wingett said he couldn't pass up the patriotic opportunity to restate his commitment to the nation.

Whether young or old, those who were gathered to witness the event were equally honored and touched by the brief ceremony.

Their quiet comments echoed one common sentiment. "Thank you for your service."



PHOTO BY SENIOR AIRMAN APRIL MUNIZ

Col. Robert M. Worley II (left), 30th Space Wing commander, issues the oath of enlistment to (left to right): Master Sgt. Dennis Wingett, 30th Operations Group; Master Sgt. Mark Long, 30th Mission Support Squadron; Tech. Sgt. Rodney Miranda, 30th Communications Squadron; and Staff Sgt. Anthony Pence, 30th MSS. The re-enlistment ceremony was part of Lompoc's Flag Day Celebration. The U.S. flag of flowers served as the background.

Overlook offers view of U.S. flag of flowers

■ The public can view the 6.5-acre U.S. flag of flowers at the corner of Ocean Avenue and South V Street from the Bodger Field Overlook at the end of Bodger Road in Lompoc.

Jack Bodger, of Environmental Seed Producers, the parent company of Bodger Seeds, decided to plant the 400,000 red, white and blue

larkspur seeds in the 20-acre lot on the Street after the Sept. 11 terrorist attacks.

He was following his father's lead. In 1942, Howard Bodger planted the first Bodger Seeds U.S. flag of flowers in Lompoc followed by another in 1952 as a show of support for the armed forces.



PHOTO BY STAFF SGT. KEN BERGMANN

A C-17A Globemaster III takes off on a mission from an operating location in support of the U.S. Central Command execution of Operation Enduring Freedom. During the first day of Operation Vittles, C-47s airlifted 80 tons of supplies into Berlin. Today's ultimate airlifter can carry more than 85 tons of cargo in one load.

'Vittles' helps Berliners 54 years ago

Humanitarian mission leads to birth of modern airlift, more

By TECH. SGT. SCOTT ELLIOTT
Air Force Print News

For more than 42 years it held the record for being the most Herculean single-operation airlift effort of all time. It still holds the record for hard-nosed determination.

The Berlin Airlift, the fledgling Air Force's first major international challenge following its inception less than a year earlier, formally took flight on June 26, 1948. For the next 462 days the Air Force and its Allies flew in the face of a belligerent Soviet Union to keep the city of Berlin from starving.

Relationships between the World War II Allies deteriorated quickly after the war, and Eastern Europe fell under Soviet domination — the notable exception being Berlin. Although the city was located well inside the Russian sphere of influence, the Americans, British and French each had an occupation force within Germany's former capital.

The only guaranteed transportation to Berlin was through the air, via three 20-mile-wide corridors from West Germany, through the Russian Zone, and into Berlin. No formal arrangements had been made for road or rail traffic.

Soviet forces blockaded all land routes into Berlin on June 24, 1948, forcing the Allies to supply their garrisons — and the city's nearly 2.5 million residents — by air. The Soviets, thinking back to Adolph Hitler's failed

aerial resupply attempt during the Stalingrad offensive, did not believe it could be done.

What they failed to take into consideration, however, was the tenacity of such Air Force leaders as Maj. Gen. Curtis LeMay, Brig. Gen. Joseph Smith and Maj. Gen. William Tunner.

LeMay, the U.S. Air Forces in Europe commander, had 102 C-47 Skytrain and two C-54 Skymaster transport aircraft at his disposal. He immediately called for reinforcements and placed the airlift operation under the command of Smith. Smith dubbed the Berlin Airlift "Operation Vittles" because, as he said, "We're hauling grub."

The first day's "grub haul" amounted to about 80 tons of powdered milk, flour and medicine. Smith added the reinforcement aircraft into the mix and adopted a block scheduling system that allowed controllers to better handle the increasing number of flights.

Tunner, commander of the newly minted Military Air Transport Service, took command of Operation Vittles when it became apparent that the airlift would extend into the winter months. Nicknamed "Willie the Whip," Tunner established a goal of one aircraft touching down in Berlin each minute. That goal was never met, but eventually aircrews established a pattern of one landing every three minutes around the clock. The schedule was so tightly packed that if a pilot missed his scheduled landing, for whatever reason, he

had to fly back to the starting point to re-enter the string.

LeMay's call for reinforcements brought in additional C-54s and the C-82 Packet. The airlift also allowed the Air Force to test its new heavy-lift transports, the C-74 Globemaster and YC-97A Stratofreighter.

Allied airmen set a tonnage record of 13,000 tons of cargo on April 17, 1949, in what became known as the "Easter Parade." Besides providing daily food and medical supplies, aircraft that day delivered the equivalent of 600 railroad cars of coal to heat homes and keep factories in operation.

Though the Soviets signed an agreement to lift the blockade on May 5, 1949, the airlift continued through Sept. 30.

Through it all, airmen delivered more than 2.3 million tons of cargo — about 75 percent flown in by American aircraft. American crews took off more than 189,000 times, totaling about 600,000 hours of flight time, covering more than 92 million miles. Thirty-one Americans lost their lives in 12 crashes.

Operation Vittles' airlift record stood until Operation Desert Shield in the fall of 1990. In just 22 days, modern C-5 Galaxies, C-141 Starlifters, C-130 Hercules and aircraft from the Civil Reserve Air Fleet eclipsed the tonnage total for the entire Berlin Airlift.

The legacy of Operation Vittles includes improvements in the development of ground approach control technology, aircraft loading and maintenance procedures.

Sept. 11 survivor graduates from medical tech school

By G.W. POMEROY

Air Force Surgeon General PA

■ WASHINGTON -- An international film star who survived the Sept. 11 attack on the World Trade Center towers, became an official member of the Air Force Medical Service recently when she graduated from the physical training apprentice course at Sheppard AFB, Texas.

A movie could be made about the many changes to Airman Amy Ting's life since Sept. 11. The possibility has not been ruled out.

Once she reports to Dover AFB, Del., in late June, she will begin to settle in for the day-to-day existence of what she has described as "an honorable role."

"I used to think that I wouldn't die for anybody," Ting said on graduation day. "There is nothing more worthy than serving my country."

Such commitment, brought forth from harrowing disaster, was apparent by Ting's performance. From the moment she arrived at basic training she has not been just "talking the talk," she has been "walking the walk." Or, in tech school vernacular, she has been "cracking the books," graduating with a 93 grade point average.

Because of her celebrity status, Ting was not a typical student. Since joining the Air Force she has been featured by numerous local, regional and national media organizations including The New York Times and Fox News. She was interviewed during a live segment on NBC's "Today Show" shortly after arriving at Sheppard for tech school.

"We were leery about the exposure being distracting," said Tech. Sgt. Jason Foster, an instructor-supervisor at the physical therapy training course. "But it never came close to being considered a problem. She wouldn't let it. She refused to be treated differently than anyone else."

The Air Force assignment system did not grant her any special status, either. Until the day she graduated, Ting thought she was going to MacDill AFB, Fla. She was diverted to Dover on graduation day.

"People started telling me I was being diverted," she said. "I got nervous because I didn't know what that meant (in Air Force speak)."

Ting's determination to be a good airman and stu-



PHOTO BY T.R. STEELE

Airman Amy Ting waits for her live satellite interview with NBC's "Today Show" shortly after she arrived at Sheppard AFB, Texas. Ting survived the terrorist attacks of the World Trade Center on Sept. 11, and shortly thereafter decided to join the Air Force.

dent paid off with tangible results. Foster said her leadership skills earned her the yellow rope on her shoulder that signified she was a leader.

"She was also very easy to get along with," Foster said.

"I just loved the class and serving patients," Ting said. "And I am looking forward to settling in at Dover."

Now that she has graduated from tech school and is heading for her first duty station, she also has a very normal wish: "I hope I get a good boss."

For the full story on Ting's Sept. 11 experience, read "WTC survivor enlists in Air Force." (Courtesy Air Force Print News)

Team Vandenberg Spotlight

Name: Tech. Sgt. Dennis Halman
Assignment: 532nd Training Squadron Electromechanical Technician Instructor Supervisor
Hometown: Dale City, Va.
Time on VAFB: 2 years, 5 months
Time in service: 12.5 years
Supervisor's Comments: "Dennis is a true inspiration to the EMT training course," said Master Sgt. Rich Hazen, 532nd TRS NCO in charge of the EMT Training Course. "He was just recently appointed to the instructor supervisor position and has quickly grown into the job. He motivates the instructor corps to produce highly motivated three-level technicians."

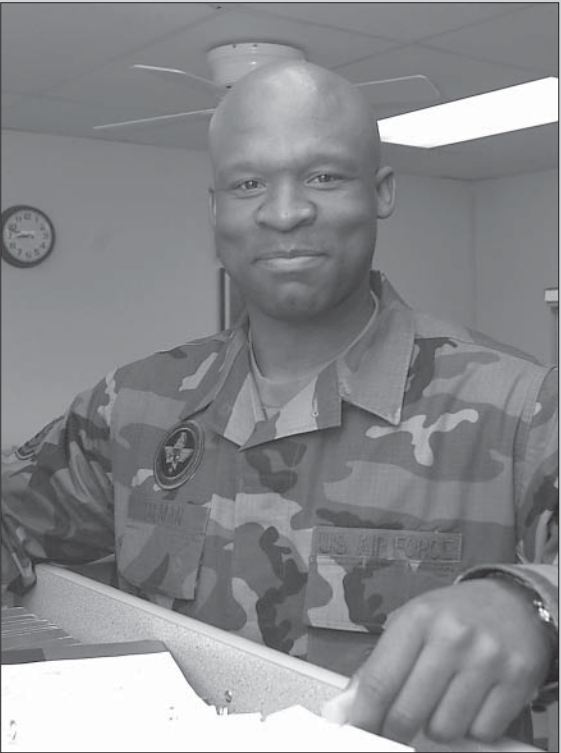


PHOTO BY AIRMAN 1st CANDICE ANGLIN

The 30th Space Wing Vision Statement:
America's finest professionals building the best spaceport and test range in the world.

Are You: Graduating a course? Getting promoted? Receiving an award or decoration? Assuming command? Part of an award-winning team?
Tell Us!
Your Unit Public Affairs Representative can help you fill out a Hometown News Release form. This form is sent to Air Force News where an article is written and sent to the newspapers in and near your hometown. It's a great way to let the folks back home learn of your success! Call Public Affairs at 606-3595 for more information.

30th Space Wing Mission Statement:
To defend the United States through launch, range and expeditionary operations.



Dive in



PHOTO BY AIRMAN 1ST CLASS TARKAN DOSPIL

OPERATION ENDURING FREEDOM — Airman 1st Class Stacy Bell, 379th Expeditionary Civil Engineer Squadron, measures a plank for the first swimming pool at Al Udeid AB, Qatar. The pool is expected to be complete this week and bring a welcome relief from the heat, which has been hovering near 120 degrees Fahrenheit at Al Udeid. Bell is deployed from the 89th CES at Andrews AFB, Md.

Services establishes toll-free lodging line

■ **SAN ANTONIO** — Air Force Services Agency officials have established a toll-free centralized number to help people reach any base lodging operation in the continental United States.

The number, (888) AF Lodge or (888) 235-6343, eliminates customers having to contact individual lodging facilities to make reservations.

Air Force lodging branch officials are working with the Defense Travel System team to develop “one-stop shopping” for all travelers’ needs. *(Courtesy of Air Force Print News)*

E-Publishing Web site has new address

■ **BOLLING AFB, D.C.** — Air Force Departmental Publishing Office officials announced the e-Publishing Web site has a new Web address.

Serving as the central Web locale for more than 7,000 Air Force forms and publications, the e-Publishing Web site is now maintained at the Defense Information Systems Agency in Oklahoma City, Okla.

“The changes are occurring behind the scenes,” said Carolyn Watkins-Taylor, AFDPD director. “Other than possibly having to type in a new URL, our customers will not have to do anything different. The Web site will be set up exactly as it was before and will continue to provide products to Air Force personnel worldwide.”

Providing more bandwidth, DISA officials will be able to accommodate increasing traffic and provide faster service to customers. Additionally, the Web site itself will be more secure at DISA.

“Now more than ever, it is imperative that we take steps to secure our systems,” Watkins-Taylor said. “We are essentially ensuring our continuity by covering all of the necessary bases.”

The old address will remain intact and will provide redirection to the new address so customers can adjust any bookmarks or Internet browser links accordingly.

Air Force people can call the customer support desk at DSN 754-2438 with questions or concerns. *(Courtesy of Air Force Print News)*

Officials launch online Gulf War research library

■ **WASHINGTON** — Officials from the Department of Defense, Department of Veterans Affairs and the Centers for Disease Control and Prevention, an agency of the Department of Health and Human Services, announced the launch of an Internet site June 18 called Medsearch, a central repository of Gulf War-related medical research.

Medsearch can be found on the Internet at <http://www.GulfLINK.osd.mil/medsearch>

“This Web site, a cooperative effort in support of Gulf War veterans and their families, reflects the commitment of all three agencies to learning more about deployment-related illnesses and sharing what we learn,” said Dr. William Winkenwerder Jr., assistant secretary of defense for health affairs.

In July 2001, the DoD, VA and CDC agreed to combine their resources to create this one-stop source of research information. The development team worked with veterans and researchers to ensure that Medsearch was user-friendly.

Developers designed the Web site to serve the needs of both the layperson and the researcher. The site is indexed with plain language topic headings so that anyone can readily locate information. Those headings include topics of particular interest to Gulf War veterans that may not be featured in other sources, such as pesticides and depleted uranium. Scientists who want more specific data will find it on Medsearch as well.

The goal of Medsearch’s creators is to place all the federally funded research into the illnesses of Gulf War veterans in one centralized place. The site will be

updated frequently to ensure it contains the most recent and complete information available. *(Courtesy of Air Force Print News)*

Research study evaluates health trends

By GERRY J. GILMORE

American Forces Press Service

■ **WASHINGTON** — An ongoing Department of Defense health study will ultimately examine health surveys submitted by 140,000 current and former servicemembers throughout two decades.

The joint-service Millennium Cohort Study will evaluate the health risks of military deployments, occupations and general military service, said Navy Cmdr. Margaret A.K. Ryan, director of the DoD Center for Deployment Health Research in San Diego.

The Millennium Cohort Study is designed to examine the health effects of military service on men and women, both during service and after they leave, Ryan said. More than 60,000 servicemembers have signed up to take part since program enrollment began in August 2001, she said.

The project “is the largest and most ambitious study of military people ever,” she said, noting that participants’ health would be evaluated over a 21-year period.

Ryan, principal investigator for the study, works with six other investigators. The results of the study, she said, may also be used to develop future DOD health policies.

Active and reserve component Army, Marine Corps, Navy and Air Force members were randomly selected and invited to participate in the study, she said.

“People could not volunteer to be part of the cohort — that would be a different kind of study, like a registry project. A cohort study is a much stronger study design,” Ryan said.

She said the first group, or cohort, will ultimately consist of about 100,000 enrollees. Ryan said participants enroll by filling out a paper form or signing up online at www.millenniumcohort.org.

The study will enroll another group of 20,000 people in 2004, Ryan said. The last 20,000 of the total 140,000 Millennium Cohort members will enroll by 2007.

Ryan said participants are asked to complete surveys about their basic health every three years. The surveys, she said, inquire about any acute or chronic health problems, possible exposures to toxic substances during military deployments and health-related behaviors like smoking and exercise.

Information gathered from surveys is held in the strictest confidence, Ryan emphasized, and is only shared as summarized, anonymous research data.

“We take quite a bit of effort to make sure that all of the information people provide is confidential,” she said. “None of this information leaves the DOD Center for Deployment Health Research.”

Communications are maintained between officials and survey participants for the duration of the program, Ryan said.

“We ask cohort members to help us track their addresses and so on throughout the years, so that we can contact them,” she said.

She said participants specify how they will maintain contact — work address, home address or e-mail — however they prefer. She noted the critical importance of cohort members maintaining contact. Participants are selected scientifically to provide an accurate cross-section of the force.

For example, she said, some people invited to participate in the survey are currently deployed overseas as part of Operation Enduring Freedom. Recognizing the challenge of enrolling in The Millennium Cohort while deployed, Ryan said people could sign up when they return to a more convenient location.

People who have received invitations to enroll in The Millennium Cohort should take the time to do so, she said. Information from the surveys, “is very important for the military and for veterans.” *(Courtesy of Air Force Print News)*

Editor’s Note: For these news stories and more, check out the website www.af.mil.

FIRE: Base rain levels below yearly average

From Page 1

A lack of rain has left the chaparral on base extremely dry. Normally, the base receives 14.5 inches of rainfall each year, which is measured between July 1 and June 30.

“This year, we’ve had 8.56 inches of rain, so we’re about six inches behind,” said Don Cameron, 30th Weather Squadron staff meteorologist. With no rain in the forecast, the weather didn’t contribute to the firefighting effort.

Sudden Fire officials credit prescribed burns with the quick wrap-up of the southern portion of this incident.

In 1999, the base and county fire departments participated in a Santa Barbara County Range Improvement Association burn along the base’s southern border, eradicating dense brush and highly flammable vegetation.

When the Sudden Fire traveled south, bumping into the old burn area, it only encountered light fuels, said SBC Deputy Fire Chief Steve Vittum. That allowed firefighters to take direct action with hoses and hand tools rather than relying on air tankers to make retardant drops.

Monday, officials set up a fire camp on base. The site gave firefighters a place to eat, sleep, shower, and meet before heading into the field to battle the tenacious blaze.

Additionally, an incident management team converged on Vandenberg Monday to assist the various involved agencies. The team determined incident objectives, set priorities, assigned work and orders resources to meet the objectives.

Assets on hand to fight the fire included: fixed wing aircraft, helicopters, bulldozers and fire en-

gines. Firefighters from throughout the state, to include county and federal agencies, joined Vandenberg’s firefighters in the Sudden Fire fight.

Preliminary investigation indicates a downed electrical line may be the fire’s point of origin, however, the cause of the fire is still under investigation, according to Farias. The line provides power to a railroad signal near Sudden Ranch.

Team V thanks all participating agencies that fought the Sudden Ranch fire.

NEWS: Base honor guard needs Senior NCO, Lompoc chamber needs help at festival

From Page 1

Airman 1st Class Paige Ramos at 606-6070 or Tech. Sgt. Thomas Merrett at 606-9876.

HONOR GUARD NEEDS SENIOR NCO TO TAKE CHARGE

The Vandenberg Honor Guard needs a volunteer to serve as NCO in charge of the team. The position is open to any Vandenberg senior NCOs. The NCOIC manages up to 60 people. Applicants must be able to balance normal duties and honor guard commitments. For more information, call Capt. Brian Holbein at 606-1542, Ext. 3219 or 2nd Lt. Sandra Quinones at 606-3653.

LOMPOC CHAMBER SEEKS HELP AT BRUSHES -N- BLUES

The Lompoc Valley Chamber of Commerce needs volunteers for the annual “Brushes and Blues” event Aug. 10 at La Purisima Mission. They need assistance with logistics planning, vehicle control and crowd assistance. To volunteer, call Public Affairs at 606-3595 or the chamber at 735-4567.

BASE HOLDS ENLISTED ASSIGNMENT BRIEFING

There are enlisted assignment briefings scheduled Tuesday through Thursday at 2 p.m. in Minuteman Theater. Chief Master Sgt. Keith Lorando, Air Force Space Command chief of Enlisted Assignments and Readiness and Staff

Sgt. Jodi Glassic, AFSPC assignments NCO will talk about assignment issues affecting active-duty personnel. All base personnel can attend this briefing. For information, call Tech. Sgt. Thomas Merrett at 606-9876.

RUMOR CONTROL LINE, WEB HAVE SUDDEN FIRE, LAUNCH INFO

For questions regarding the Sudden Fire or on launches, call the Rumor Control line at 606-1857 or log onto the base website at www.vandenberg.af.mil. Current news releases are posted under the “News” tab.

TOP 3 OFFERS SCHOLARSHIPS TO ACTIVE-DUTY TROOPS

The VAFB Top 3 Association has three \$200 scholarships for active-duty enlisted members assigned to Vandenberg. Papers on an aspect of enlisted military history will be accepted from July 5 to Aug. 5 with proof of enrollment in an accredited college. Submission requirements may be found on-line: intranet/prof_associations/top3/scholarship/index.htm. For more information, call Master Sgts. Barbara Henson at 606-7387 or Jeffery Sherrill at 606-5595.

COMMISSARY CLOSING FOR INDEPENDENCE DAY

The Commissary and the Mini-Comm are closed July 4 in observance of Independence Day. Both stores are open July 5. For information, call Paige Zuniga at 734-3354 Ext. 225.

Intramural sports

Volleyball standings

American League				National league			
TEAM	Wins	Losses	Pct.	TEAM	Wins	Losses	Pct.
Detachment 9	7	0	1.000	14 th Air Force	4	2	.667
30 th Civil Engineer Squadron	4	2	.667	381 st Training Group	4	2	.667
576 th Flight Test Squadron	4	3	.571	30 th Mission Support Squadron	4	2	.667
30 th Communications Squadron	4	3	.571	30 th Medical Group	2	3	.400
30 th Operations Group	1	6	.143	30 th Security Forces Squadron	0	5	.000
30 th Contracting Squadron	0	6	.000	(Standings as of Wednesday)			
June 13 results				Monday's results			
30 CES defeated 30 OG				14 AF defeated 30 MSS			
Det. 9 defeated 30 CONS				381TRG defeated 30 SFS			
30 CS defeated 576 FLTS				Wednesday's results			
Tuesday's results				30 MDG defeated 14 AF			
Det. 9 defeated 30 CS				30 MSS defeated 381 TRG			
Tuesday's schedule				Monday's schedule			
Det. 9 vs. 30 CES				30 SFS vs. 30MSS			
30 OG vs. 30 CS				381TRG No. 1 vs. 14AF			
30 CONS vs. 576FLTS				Wednesday's schedule			
Thursday's schedule				14AF vs. 30 SFS			
Det. 9 vs. 30 OG				381 TRG No. 1 vs. 30 MDG			
576 FLTS vs. 30 CES							
30 CONS vs. 30 CS							

Softball standings

American League				National league			
TEAM	Wins	Losses	Pct.	TEAM	Wins	Losses	Pct.
30 th SFS No. 1	6	0	1.000	576 th FLTS No. 1	6	0	1.000
381 st Training Group No. 2	6	0	1.000	30 th CES No.1	4	0	1.000
30 th Transportation Squadron	4	1	.800	30 th CES No.3	4	2	.667
30 th SFS No. 2	4	2	.667	381 st TG No. 1	4	3	.571
30 th OG No. 2	3	3	.500	Det. 9	3	3	.500
National Reconnaissance Office	2	4	.333	30 th CS	3	3	.500
30 th MDG	2	4	.333	14 th Air Force	3	3	.500
30 th MSS	1	5	.167	533 rd Training Squadron	2	4	.333
30 th CES No.2	1	5	.167	76 th Helicopter Flight	2	5	.286
576 th FLTS No. 2	0	5	.000	534 th Training Squadron	1	4	.200
(Standings as of Tuesday)				30 th OG No. 1	0	5	.000
Tuesday's results				(Standings as of Wednesday)			
30 SFS No. 2 defeated 30 CES No. 2				Wednesday's results			
30 SFS No. 1 defeated 30 OG No. 2				14 AF defeated 533 TRS			
30 MDG defeated NRO				576 FLTS defeated 30 CS			
381TRG No.2 defeated 30 MSS				381 TRG No. 1 defeated 76 HF			
Tuesday's schedule				30 CES No. 3 forfeit to Det. 9			
381 TRG No. 2 vs. 30 SFS No. 1				Monday's schedule			
576 FLTS No. 2 vs. 30 MSS				Det. 9 vs. 30 CES No. 1			
NRO vs. 30 OG No. 2				14 AF vs. 576 FLTS No. 1			
30 TRNS vs. 30 SFS No. 2				30 CS vs. 30 OG No. 1			
30 MDG vs. 30 CES No. 2				534 TRS vs. 533 TRS			
				30 CES No. 3 vs. 76 HF			
				Wednesday's schedule			
				381 TRG No. 1 vs. 30 CS			
				381 TRG No. 1 vs. 533 TRS			
				534 TRS vs. 576 FLTS No. 1			
				14 AF vs. 30 OG No. 1			
				Det. 9 vs. 76 HF			

Halfway there ...



PHOTO BY MASTER SGT. TY FOSTER

Runners in Saturday's 26th annual Valley of the Flowers Half Marathon pass the halfway point in the race on Umbra Road on North Vandenberg. This was the first time the race was run on base. Several runners from the base participated in the event. Stacy Huser of the 30th Range Squadron took first place in her age division with a time of 1 hour, 38 minutes, 3 seconds. The men's top finisher was Brian Kostock of Santa Barbara. He hoofed out a time of 1:13:13.

Want to see more sports in the
Tell us what your team's up to!
Submit stories and ideas to:



space&missiletimes@vandenberg.af.mil

Rounding Third ...



PHOTO BY SENIOR AIRMAN APRIL MUNIZ

Frank Mamea of the 30th Security Forces Squadron Team No. 2 sends David Robertson past third to score a run against the 30th Civil Engineer Squadron Team No. 2. The cops beat the the engineers by a score of 25-17. The win takes the 30th SFS No. 2 team into third place behind 30th SFS No. 1 and 381st Training Group No. 2 who both stand undefeated at 6-0. Regular season play ends Aug. 6.

Sports Briefs

FIRST SERGEANTS COUNCIL HOLDS GOLF TOURNAMENT

The Vandenberg First Sergeants Council is holding a four-person scramble golf tournament Thursday at Marshallia Ranch Golf Course. Registration begins at 11:30 a.m. with a shotgun start at 1 p.m. For more information, contact Master Sgt. Mark Webb at 606-1051 or any first sergeant.

OPERATION KIDS CHRISTMAS HOLDS GOLF TOURNAMENT JULY 3

The Operation Kids' Christmas Golf Tournament is July 3 at 11 a.m. Teams who register by June 21 receive an additional mulligan per person. Cost is \$60 per team, not including greens fees or cart. All proceeds benefit OKC 2002. For more information, call Capt. Tommy Ray at 606-3115 or Master Sgt. Kenneth Lucia at 606-3663.

COMPANY GRADE OFFICERS HOLD TOURNAMENT JULY 12

The Vandenberg Company Grade Officers' Council annual golf tournament is July 12 at Marshallia Ranch. The cost is \$50 per four-person team or \$15 per single player plus green fees and cart. Get a hole-in-one and win a new car. To sign up, call Capt. Brian Simonis at 606-1939 or 2nd Lt. Nick Menza at 605-6461.

COPS HOLD EXCELLENCE IN COMPETITION PISTOL MATCH

The 30th Security Forces Squadron is sponsoring an Excellence in Competition pistol match July 12. Sign up for the match during normal duty hours. The

competition is open to all active-duty and reserve Air Force personnel. Only the first 100 shooters will be allowed to compete. To sign up for the competition, call 605-5025 or e-mail Staff Sgt. Erik Skrudland. People may also stop by the Combat Arms Range, Bldg. 21308, on San Antonio Road West. For more information, call 605-5007, 605-5005 or 605-5009.

YOUTH BASEBALL FIELDS CLOSE FOR MAINTENANCE

The youth ball fields are closed for maintenance until Aug. 1. The closure is necessary in order to prepare the fields for the upcoming sports seasons. To assist with repairs to the fields, call Kristi Bonneau at 606-9374.

GOLF COURSE NEEDS GOLF ADVISORY COMMITTEE CHAIRMAN

The Vandenberg Golf Advisory Committee is seeking a field grade officer to replace the current chairman who is moving. The committee meets quarterly. If interested call the base Golf Course at 606-6262.

BASE BOXING CLUB HOLDS 'SMOKER'

The Vandenberg Boxing Club is holding a boxing smoker in August. The date of the event will be announced later. The event is open to anyone who is willing to get in the boxing ring, no experience is necessary. The Boxing Center is located across from the Commissary in Bldg. 14019. It's open from 6 to 8 p.m. Monday through Friday. For more information, call Don Green at 606-2878 or 733-2245.

The water's fine ...

Base pool lifeguard Brie Woods helps Madison Marano into the pool during a Level 1 swimming lesson for children ages 5 to 7. Swimming lessons are offered throughout the day Monday through Thursday. For more information or to sign up for lessons, call 606-3581.



PHOTO BY SENIOR AIRMAN APRIL MUNIZ

Community Calendar

Events

21 FRI **Deer** season hunting tags are now on sale at the base exchange. The tags, for use on Vandenberg, are the Zone A, buck only and G-11, no antlers. People with questions should call base exchange customer service at 734-5521, or the Fish and Wildlife office at 606-6804.

22 SAT **Airman Leadership School** Class 02-E is sponsoring a car wash Saturday from 9 a.m. to 3 p.m. in the parking lot of the Professional Military Education Center on the corner of California Boulevard and Utah Avenue. The cost is \$3 for cars and \$5 for trucks and vans. All proceeds from the car wash will support the class's community service project. Call Master Sgt. Jeffery Sherrill at 606-5595 for more information.

26 WED **The Breakers Dining Facility's** cinema night feature is the "The Avengers," Wednesday at 5 p.m. The event is open to authorized patrons only.

27 THU **The Women's, Infants and Children's** office will be at Vandenberg's Family Support Center Thursday. WIC is a nutrition education program that provides supplemental food to promote good health for pregnant, breastfeeding and postpartum women, infants and children up to age five. For more information regarding appointments or enrollment requirements, call the Lompoc WIC office at 737-6470 or Teresa Orozco at 606-4636.

The commissary staff holds a **single airmen's night** Thursday from 7 to 9 p.m. The event includes a live performance by entertainer, Tony Johnson, refreshments, games like the dating game and a disc jockey from radio station Wild 106 broadcasting live.

JULY **Military retirees and spouses** meet the third Thursday of each month at 1 p.m. in the Retiree Activities Center, Bldg. 10364 near the base exchange. Retirees gather to hear guest speakers, socialize, and enjoy refreshments. For more information about activities call 606-5474.

Classes

21 FRI Members who will soon deploy for 30 days or more, including formal training and other mission-related separations, can call Tech. Sgt. Todd LeFebvre at 606-1607 for a **pre-deployment briefing**. The briefing covers issues like personal and family readiness with a focus on planning to ease the stress of separation by addressing financial, legal and family matters. Members can balance quality of life and mission readiness needs more adeptly when they and their families are prepared.

25 TUE A **pre-separation briefing** is from 8 to 9 a.m. Tuesdays at the Family Support Center. The briefing is required for military members separating or retiring at least 90 days before leaving the service. The counseling session covers service members' benefits. Spouses are welcome and encouraged to attend. For more information, call Sunny Park at 605-0134.

Risk Reduction Classes are held at the medical group Tuesdays from 10 to 11:30 a.m. and Thursdays from 3 to 4:30 p.m. The classes address health risk factors like high blood pressure, cholesterol, diabetes and excess weight. Topics include a risk reduction overview, cholesterol-diet connection, diabetic meal planning, diabetes lifestyle, fiber facts for health, hypertension and diet, weight loss, and stress, related to risk.

Chapel notes

Catholic Worship Services:

- ♦ Saturday, 5 p.m. in Chapel 2
- ♦ Sunday, 10 a.m. in Chapel 1
- ♦ Daily Mass, Monday through Friday, 11:30 a.m. in Chapel 2
- ♦ Catholic Religious Education, Sunday 8:30 a.m. in the religious education classrooms
- ♦ Confirmation, Monday 6:30 p.m. in the religious education administration building.
- ♦ Catholic Youth of the Chapel, Sundays, at 6 p.m. religious education administration building

Protestant Worship Services:

- ♦ Praise and Worship Service, Sunday, 8:30 a.m. Chapel 1.
- ♦ Traditional Service, Sunday, 11:30 a.m., Chapel 1.
- ♦ Gospel service, Sunday, 11:30 a.m., Chapel 2.

Protestant Religious Education: Sunday School is discontinued and will resume Sept. 7.

Chapel Community Night is Sundays at 5:30 p.m. in the Religious Education Classrooms. For other faith group information or concerns, call the chapel staff at 606-5773. For after duty hours or emergencies call the wing command post at 606-9961.

The **monthly prayer breakfast** is July 11 at 6:30 a.m. in the Chapel 1 Annex. The guest speaker is Col. Robert M. Worley II, 30th Space Wing Commander. All of Team Vandenberg is welcome.

The **base chapel** is providing a time of prayer and meditation

Call the HAWC 606-2221 for more information and to sign up.

A **sponsorship training** class begins Tuesday at 3 p.m. in the Family Support Center. Participants can learn sponsorship responsibilities, relocation resources, and tips to assist Vandenberg's new arrivals. Call relocation assistance at 606-0801 to register.

26 WED **An interviewing and dress for success** class begins at 9 a.m. Wednesday in the Family Support Center. The class offers interviewing behavior tips and career dressing for men and women. Call Roy Caldwell at 606-0039 for registration.

28 FRI **An Investment Forum** will be held Friday, at 11:30 a.m. in the Family Support Center. Participants are encouraged to bring a lunch and learn helpful tips on investing, mutual funds, and credit cards. The forum provides a non-nonsense approach to basic stock market investing and management of credit cards. Call Jimmy Camacho at 606-4491 for registration and information.

MEETINGS

21 FRI The **NCOA Chapter 62 monthly meeting** is today at 3 p.m. in the Pacific Coast Club enlisted conference room. The agenda will cover election of a new trustee and a discussion of upcoming events like the Flower Festival and various fundraisers. Call Tech. Sgt. Anthony Palacios at 606-1225 or Senior Master Sgt. David Marston at 605-6317 for additional information.

25 TUE The **Single Parent's Support Group** will meet Tuesday at 11:30 a.m. in the Services Center. The group meets to discuss issues regarding single parenting as well as self-care. For more information, call Linda Bastine at 606-9958.

The **Top Life Dorm Council** meeting has been rescheduled for Tuesday at 3 p.m. in the G.I. Java

from 6 a.m. to 6 p.m. on the 11th day of each month in remembrance of the Sept. 11 victims.

The chapel staff is currently seeking **volunteers for the GI Java** coffee house. Hours are from 4 to 8 p.m. Monday through Saturday. Volunteers are needed to serve coffee and to donate baked goods. For more information and to schedule training call 606-5773.

The **Vandenberg-Lompoc Jewish community** holds a Torah Study session every Sunday night from 7 to 9 p.m. in the home of Frank Young and Anita Friedman. The session starts with the portion of the week and discussion takes off from there.

Interested people of all faiths are welcome. For more information, call Anita Friedman at 605-7564 or 736-5822.

Catholic Bible Study is Thursday at 7 p.m. A new session of the Luke Gospel, "The Message of the Messiah," will be studied. All levels are welcome. For more information call Deborah Cotey, 734-4202.

Paid positions are available at the chapel for a piano and guitar player. Interested musicians can call Shari Nixon at 734-4820

The **Vandenberg Officers' Christian Fellowship** meets every Wednesday at 7 p.m. at 623 Aspen Street in base housing. If you are an officer and would like to be involved in fellowship and bible study call Col. Kenneth Van Sickle at 606-4315. Spouses are also welcome.

Coffee house.

27 THU **Titan Toastmasters** meets every Thursday from 11:30 a.m. to 12:30 p.m. at the Base Library. Participants can learn how to speak effectively in a no-pressure, supportive environment. Meetings are open to all interested parties. For information, call Bruce Henderson at 606-1541, Ext. 3627 or Chief Master Sgt. Archie Mitchell at 605-8081.

28 FRI **A Kids-on-the-Move workshop** will be held Friday at 3 p.m. in the Family Support Center. The workshop is a program for children ages 6 to 11, a farewell for those kids leaving and a welcome for newcomers to Vandenberg. The group offers an opportunity for relocating youth to share ideas on how to make new friends, staying in touch with old friends, and adjusting to a new home. Space is limited, so register children early by calling the Relocation Assistance Program at 606-0801.

HEALTH

21 FRI The **Vandenberg Women's Soccer Team** needs players. The team plays in the Central Coast Women's Soccer Association League and is open to all women over the age of 18 years. Interested players should call Capt. Ann Curtis at 606-2382 for further details.

The **Diana Youth Softball Booster Club** needs board members. Those interested should call the Youth Center at 606-9374 or Kari Rosson at 734-1028.

The **Vandenberg youth soccer** league needs volunteers to help plan and run the upcoming youth soccer season. Available positions include league president, vice president, division commissioners, coaches, field managers, "at-large" board members, and publicity representatives. The league will have players ages 5-12 years. All teams are co-ed and all games are played on base. Player registrations will be July 29 through Aug 16. Skills day is Aug. 17 with practices beginning following team formation. The season is from September to November. Call Kristi Bonneau at 606-9374 or

Hands on experience ...



PHOTOS BY SENIOR AIRMAN APRIL MUNIZ

(Upper left) Rylee Whalen, 17 months, perches on the seat of a Lompoc Police Department motorcycle during the annual Touch-a-Truck event at the base parade grounds Saturday. (Above) Staff Sgt. Johnnothan Drop, 30th Security Forces Squadron, shows Andrew Lackey, 3, the radio in a patrol car. (Left) Dozens of Team Vandenberg children, like this young fellow, enjoyed the chance to "play trucks" with the real thing.

the Youth Center at 606-2152 to volunteer or for more information.

24 MON People can visit the Health and Wellness Center's **Relaxation Room** from 8:30 a.m. to 3:30 p.m. Monday through Friday. HAWC guests may enjoy the massage chair, listen to soft music and melt their stress away. Call the HAWC at 606-2221 to reserve a 30-minute session.

Instructors lead **intermediate step aerobics classes** in the Services Center. Since these classes introduce more complex patterns and propulsion, participants should be familiar with the 12 basic steps and their use in workout patterns. Instructors demonstrate step and intensity modifications for novices and advanced steppers. The class wraps up with abdominal strengthening and a cool-down stretch. The 30- to 40-minute classes begin at 9 a.m. and 5:30 p.m. Mondays and at 5 p.m. Tuesdays and Thursdays.

The Health and Wellness Center offers the **Sensible Weight Loss class**, a 90-minute class instructed by a dietician and exercise physiologist. Participants learn to identify principles for safe weight loss and weight control. For more information, call the HAWC at 606-2221.

Certified instructors lead **indoor cycling classes** in the Services Center. During the class, participants simulate riding hills, valleys and flat roads by adjusting the resistance on the fly-wheel, body position and speed. People will need a water bottle and a towel. Classes begin at 6 a.m. Mondays, Wednesdays and Fridays; at noon Fridays; at 4 p.m. Tuesdays and Wednesdays; and at 8 a.m. Saturdays.

25 TUE The **Varsity Soccer Team** is looking to add a few more committed and talented players to its roster. The team practices Tuesdays and Thursdays from 5:30 to 7:30 p.m. at the base field. League games are Sundays. If interested, call Scott Vincent at 605-0755.

The Fitness Center holds **box aerobics classes** in the Services Center. Borrowing from boxing, martial arts and self-defense exercise programs, instructors lead participants through a kicking and punching aerobics routine. The class wraps up with abdominal strengthening and post-workout

stretching. This is not a martial arts, boxing or Tae-Bo class. The 45- to 60-minute classes begin at noon Tuesdays and Thursdays and at 9 a.m. Saturdays.

Instructors lead a **Yoga fitness class** in the Services Center. Modified for all fitness levels, traditional Yoga positions flow to create a workout that properly warms the muscles for flexibility. As the body is strengthened and stretched, the cardiovascular system is stimulated. Breathing is emphasized to achieve the full experience. Classes begin at 6 p.m. Tuesdays and 9 a.m. Fridays.

JULY **15 MON** The **Team Vandenberg** members who are pregnant or planning a family are invited to the 30th Medical Group's **Operation Baby Launch** at 5 p.m. in the Vandenberg clinic auditorium located at 338 South Dakota Street. Participants can learn valuable information about resources available from civilian health care facilities, TRICARE financial concerns and the Vandenberg family practice clinic. Spouses and partners are welcome, no registration is necessary. For information call, Capt. Stacy Rosales at 605-8254 or Nancy Sias, at 606-8217.

Beneficiary Counseling and Assistance Coordinators are TRICARE experts, located at each military treatment facility. They can assist customers with TRICARE questions and concerns. Vandenberg's BCAC is Bonnie Robles and she can be reached at 606-7483. A BCAC listing can be accessed at the following website: <http://www.tricare.osd.mil/tricare/beneficiary/BCACDirectory.htm>.

Anyone covered by TRICARE and needing emergency treatment can seek treatment at the nearest emergency room. TRICARE Prime enrollees who use a civilian emergency services need to notify their Primary Care Manager or Health Care Finder at the TRICARE Service Center, within 24 hours or as soon as reasonably possible. In addition, any follow-up care related to the visit must be scheduled with their PCM.

Customers can find out more information about **TRICARE** resources and services at the website: <http://www.tricare.osd.mil>.

Active duty members can call 1-800-242-6788 to receive out of area emergency care.

At The Movies

All movies start at 7:30 p.m. unless otherwise noted.

Today

Frailty

Starring Matthew McConaughey and Bill Paxton.

Fenton Meeks comes forth to tell the FBI that his brother Adam may be the serial killer who calls himself God's Hands. The film uses flashbacks to show Meeks' childhood with a father who believed he was on a mission from God to destroy demons that inhabit human bodies. Fenton saw his dad as evil, while Adam saw him as a hero. Rated R for strong violence, language, some drug content and brief sexuality.

Saturday

Big Trouble

Starring Tim Allen and Rene Russo.

A film following a chain of events inspired by the arrival of a mysterious suitcase in Miami. Arthur Herk, a corrupt business owner, wants to get his hands on the case. At the same time, two hit men want him whacked. Tired of his constant fixation on drinking and television, Herk's wife Anna and daughter Jenny decide to find new love interests in divorced dad Eliot Arnold and his son Matt. Just to add more complication to this already complicated plot, two thieves decide to steal the case and lead a Miami police team and two FBI agents on a wild goose chase that ends inside the airport terminal. Rated PG-13 for language, crude humor and sex-related, material.

Sunday Theater closed

U. S. Air Force--
No One Comes Close



30th Services News

YOUTH CENTER


Sign up for TWIRLING CLASSES!


Twirling Classes for ages 4 and up, start again on Tuesday. Classes are in six-week sessions and the cost is \$29 (per session) for non-Youth Center Members and \$24 for members. Classes meet Tuesdays from 4:30 to 5:15 p.m. in the Youth Center Gym. Payment is taken anytime during normal business hours at the Youth Center Front Desk.
Call 606-2152 for more information.

Enjoy your summer more with... Music LESSONS

Offered by
Coelho Academy of Music
Guitar, keyboard, drum, flute and vocal lessons are available (individual or group). You may call or come in to the Youth Center now to sign up. Call the Youth Center at 606-2152 for more information.

Vandenberg Leisure Tours


THE LION KING
Best Musical 1998 Tony Award Winner



Pantages Theater, Los Angeles.
July 10, evening performance
\$105 per person, transportation and reserved orchestra seat.
Call 606-7976 for more information.

LIBRARY

READING IS OUT OF THIS WORLD!
ATWIND EVENT!
Today through Aug. 3
Summer Reading Program for ages 3 to 13.
Packets can be pickup today through July 20.
Call 606-6414 for more information.

Categories of Readers:
Just Starting (ages 3 to5)
Beginner Readers (ages 6 to 7)
Intermediate (ages 8 to 10)
Advanced (ages 11 to 13)
EVERYONE who signs up can get a certificate and prizes. (Those who are leaving VAFB before Aug. 3, let the library know so you can get your certificate and prizes.)

OUTDOOR REC

WHITE WATER RAFTING TRIP
Saturday or Sunday and June 29 or 30.
One-day trips, \$55 per person. **ATWIND event!**
DEEP SEA FISHING at PORT HUENEME -
June 28. Cost: \$60 per person. Sign up by 5 p.m., Wednesday. **ATWIND event!**
For more information on the activities listed above, call Curtis Dunster at 606-5908.

FITNESS CENTER

VANDENBERG ROCK CLIMBING CLUB -
Trip to Bishops Peak and Owens River Gorge climbing areas, July 4 weekend, for rock climbing, bouldering, camping and fishing. Call Maj. Michael Phan at 605-6230 or Rod Paronto at 606-3833 for more information.
WOMEN'S VARSITY VOLLEYBALL -
tryouts are held Sunday, at the Fitness Center from 2 to 4 p.m. Call coach Tracey Griffin at 734-1140 for more information.

BOWLING

ALL THROUGH JUNE - BONANZA BINGO is going strong at the Bowling Center. Play daily from open to close, \$1 per card. Win up to \$1,000! More than \$16,888 paid out to date.

Team Vandenberg: It's time to play... ★



YOU COULD WIN... A BRAND NEW FORD Escape, Focus or Ranger, Computer, Ca\$h, Vacation Getaways, 36" Color TV, Music System and more!

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ATWIND

This Week's Places to Play!

Today through Thursday

TODAY -
Fitness Center - All day
Golf Course - All day
Library - All day
Rod & Gun - All day
Outdoor Rec - Camping Package Rental
Lunch - AETC, 11 a.m. to 1 p.m.
Lunch & Learn - Internet Explorer, Bldg 9360, 11:30 a.m. to 12:30 p.m.
Pacific Coast Club - Social Hour (members), 5 p.m., & Comedy Night, 7:30 p.m.

SATURDAY -
Bowling Center - Youth Bowl
Golf Course - Youth Golf
Skills Auto Hobby - All day

SUNDAY -
Foggio's - Family Dining

MONDAY -
Pacific Coast Club - Lunch, 11 a.m. to 1 p.m.
Lunch & Learn - Access Queries, Bldg 9360, 11:30 a.m. to 12:30 p.m.


TUESDAY -
Bowling Center - Eat all day
Family Support Center - Pre-Separation Briefing, 8 to 9 a.m.
Family Support Center - Financial Basics, 11 a.m. to 12 p.m.
Services Center - Single Parents Group, 11:30 a.m. to 1 p.m.
Family Support Center - Sponsorship Training, 3 to 4 p.m.

WEDNESDAY -
Equipment Checkout - Rental Day
Family Support Center - Interviewing/Dress for Success, 9 to 11:30 a.m.
Lunch - AETC, 11 a.m. to 1 p.m.
Golf Course - Lunch, 11 a.m. to 1 p.m.
Swimming Pool - Water Aerobics, 11:30 a.m. to 12:15 p.m.
Lunch & Learn - Outlook Meeting Planner, Bldg 9360, 11:30 a.m. to 12:30 p.m.

THURSDAY -
Bowling Center - Bowl all day
Skills Arts & Crafts - All day
Vet Clinic - All Day
Breakers - Breakfast, 5 to 8 a.m.
Library - Story Time, 10 a.m.
Library - Women's Book Group, 12 p.m.

Go to 30svs.com for more ways to play!

Vanderberg AFB Youth Center


Offering children, K through 12th grade, the opportunity to display their talents with a week-long theater production program.

presents... **BEAUTY LOU and the Country BEAST**
A Sagebrush Fairy Tale



ATWIND EVENT!
Monday:
Open auditions for all students, K through 12.
Cast members selected.
Tuesday to June 28:
Daily rehearsal sessions.
June 29:
Final performance.

Call Kim or Wendy at the Youth Center, 606-2152 for additional information

SIGN UP NOW!!!

Pacific Coast Club

COMEDY NIGHT
ATWIND EVENT!

TONIGHT!
Showtime: 7:30 p.m.
\$10 - Member Value Price
\$15 - Nonmembers

*** Opening Act: Barry Neal**
(The Tonight Show, VH-1, Comedy Central)
Also featuring:
*** Karen Rontowski**
(Comedy Central, MTV's Spring Break, Short Attention Span Theater)
*** Don Barnhart**
(MTV, Evening at the Improv, Comedy Central)
Call the club at 606-3330 for more information.

GOLF

SATURDAY -
Nike Golf Demo Day, 9 a.m. to 2 p.m.
WEDNESDAY -
Ladies Priority, 8:32 to 9:04 a.m.

ROD & GUN

SUNDAY -
3-D Archery Shoot, 8:30 a.m.
TUESDAY & THURSDAY -
Indoor Archery, 4 to 8 p.m.